

Jonathan Cooper

Cooper Mediation Inc.

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Professional Experience

Mediator (since 2014) - Cooper Mediation Inc.

Conducted 1,800+ mediations across personal injury, insurance, disability, occupiers' liability, subrogation, professional negligence, product liability and property disputes.

Known for his practical, candid, and experience-driven insights into negotiation dynamics, decision-making barriers, and real-world mediation strategy.

Speaking Engagements

Toronto Lawyers Association – Get Primed for Mediation Success

- Practical preparation strategies for counsel attending mediation
- Managing expectations, messaging, and negotiation momentum

Unica Insurance – Negotiation Workshop

- Applied negotiation techniques for claims professionals
- Identifying and overcoming common settlement roadblocks

Publications & Thought Leadership

OIAA – Without Prejudice Magazine

- February 2022 - Mediation For Claims Professionals – Part 1
- March 2022 - Mediation For Claims Professionals – Part 2
- September 2025 - Strategies For Dealing With Frustration At Mediation
- Friction at Mediation
- What I Learned from Conducting a 7-Party Half-Day Mediation
- Mediation Guide: The Insurance Claims Professional Perspective
- Strategies for Breaking Through Negotiation Barriers

Professional Recognition

- International Academy of Mediators - Distinguished Fellow (2019)
- Canadian Academy of Distinguished Neutrals – Ontario Chapter (2022)